



NATIONAL CATHOLIC SWIMMING & DIVING CHAMPIONSHIP

JANUARY 17-18, 2026
LOYOLA UNIVERSITY MARYLAND

Qualifying Times

Event	Girls	Boys
200 Yard Medley Relay	2:09.49	1:49.50
200 Yard Freestyle	2:15.50	1:57.50
200 Yard Individual Medley	2:35.00	2:14.00
50 Yard Freestyle	28.95	24.95
100 Yard Butterfly	1:10.50	58.50
100 Yard Freestyle	1:01.50	53.50
500 Yard Freestyle	5:45.00*	5:25.00*
200 Yard Freestyle Relay	1:49.50	1:38.00
100 Yard Backstroke	1:10.00	1:01.00
100 Yard Breaststroke	1:18.00	1:07.50
400 Yard Freestyle Relay	4:21.00	3:40.00

- MUST have cut time to enter 500 Free.
- If a swimmer makes one time standard, he or she may swim in one other individual event in which he or she does not have the standard, but he or she may not exceed four events in the meet, including individual and relay events, of which no more than two may be individual events. A swimmer that is entered as part of a relay that qualifies may also compete in two individual events without the time standard.
- Non-scoring B relays may be entered for any team that has entered an A relay. These B relays do not have to achieve the time standard to be included. Swimmers on the B relay may also swim in two individual events without the time standard. These exhibition relays cannot advance to the Final or Consolation heat unless these heats are not filled with A relays. Swimmers that compete on B relays may advance to A relays.